

Spaceforsoul Quotes about hope

Maya Angelou

'Hope and fear cannot occupy the same space. Invite one to stay.'

Leonard Cohen

'There is a crack in everything. That's how the light gets in.'

Emily Dickinson

'Hope is the thing with feathers
That perches in the soul,
And sings the tune without the words,
And never stops at all...'

Anne Frank

'I don't think of all the misery, but of the beauty that still remains.'
'It's really a wonder that I haven't dropped all my ideals, because they seem so absurd and impossible to carry out. Yet I keep them, because in spite of everything, I still believe that people are really good at heart.'

Thich Nhat Hahn

'Hope is important because it can make the present moment less difficult to bear. If we believe that tomorrow will be better, we can bear a hardship today.'

Martin Luther King

'We must accept finite disappointment, but never lose infinite hope.'
'The hope of a secure and livable world lies with disciplined nonconformists who are dedicated to justice, peace and brotherhood.'
'But I know, somehow, that only when it is dark enough can you see the stars.'

Barbara Kingsolver

'The very least you can do in your life is figure out what you hope for. And the most you can do is live inside that hope. Not admire it from a distance but live right in it, under its roof.'

Nelson Mandela

'I am fundamentally an optimist. Whether that comes from nature or nurture, I cannot say. Part of being optimistic is keeping one's head pointed toward the sun, one's feet moving forward. There were many dark moments when my faith in humanity was sorely tested, but I would not and could not give myself up to despair. That way lays defeat and death.'

'May your choices reflect your hopes not your fears'

Thomas Merton

'You do not need to know precisely what is happening, or exactly where it is all going. What you need is to recognize the possibilities and challenges offered by the present moment, and to embrace them with courage, faith and hope.'

John O'Donohue

'There is a kindness that dwells deep down in things; it presides everywhere, often in the places we least expect. The world can be harsh and negative, but if we remain generous and patient, kindness inevitably reveals itself... Despite all the darkness, human hope is based on the instinct that at the deepest level of reality some intimate kindness holds sway.'

Parker Palmer

'Hope is holding a creative tension between what is and what could and should be, each day doing something to narrow the distance between the two.'

Richard Rohr

'The theological virtue of hope is the patient and trustful willingness to live without closure, without resolution, and still be content and even happy because our Satisfaction is now at another level, and our Source is beyond ourselves.'

Rumi

'Where there is ruin, there is hope for a treasure.'

Desmond Tutu

'Hope is being able to see that there is light despite all of the darkness.'