

## Spaceforsoul Quotes about peace

### Black Elk

'The first peace, which is the most important, is that which comes within the souls of people when they realize their relationship, their oneness with the universe and all its powers, and when they realize at the center of the universe dwells the Great Spirit, and that its center is really everywhere, it is within each of us.'

### Siddhārtha Gautama Buddha

'Peace comes from within. Do not seek it without.'

### Confucius

'If there is righteousness in the heart, there will be beauty in the character.  
If there is beauty in the character, there will be harmony in the home.  
If there is harmony in the home, there will be order in the nations.  
When there is order in the nations, there will be peace in the world.'

### Dalai Lama

'World peace begins with inner peace.'

'If you wish to experience peace, provide peace for another.'

'Peace is not just mere absence of violence. Peace is, I think, the manifestation of human compassion.'

'Peace does not mean an absence of conflicts; differences will always be there. Peace means solving these differences through peaceful means; through dialogue, education, knowledge; and through humane ways.'

'When we feel love and kindness toward others, it not only makes others feel loved and cared for, but it helps us also to develop inner happiness and peace.'

### Albert Einstein

'Peace cannot be kept by force. It can only be achieved by understanding.'

### Mahatma Gandhi

'Peace is its own reward.'

'There is no path to peace. Peace is the path.'

'The day the power of love overrules the love of power, the world will know peace.'

'Whenever you are confronted with an opponent. Conquer him with love.'

### Elizabeth Gilbert

'Imagine that the universe is a great spinning engine. You want to stay near the core of the thing - right in the hub of the wheel - not out at the edges where all the wild whirling takes place, where you can get frayed and crazy. The hub of calmness - that's your heart. That's where God lives within you. So stop looking for answers in the world. Just keep coming back to that center and you'll always find peace.'

### Thich Nhat Hahn

Peace is present right here and now, in ourselves and in everything we do and see. Every breath we take, every step we take, can be filled with peace, joy, and serenity. The question is whether or not we are in touch with it. We need only to be awake, alive in the present moment.'

'We often think of peace as the absence of war, that if powerful countries would reduce their weapon arsenals, we could have peace. But if we look deeply into the weapons, we see our own minds- our own prejudices, fears and ignorance. Even if we transport all the bombs to the moon, the roots of war and the roots of bombs are still there, in our hearts and minds, and sooner or later we will make new bombs. To work for peace is to uproot war from ourselves and from the hearts of men and women.'

### Kelsang Gyatso

'Without inner peace, outer peace is impossible.'

### John Paul 11

'Do not be afraid to take a chance on peace, to teach peace, to live peace...Peace will be the last word of history.'

### Martin Luther King

'We must see that peace represents a sweeter music, a cosmic melody, that is far superior to the discords of war.'

'Returning violence for violence multiplies violence, adding deeper darkness to a night already devoid of stars... Hate cannot drive out hate: only love can do that.'

### Thomas Merton

'Instead of hating the people you think are war-makers, hate the appetites and disorder in your own soul, which are the causes of war. If you love peace, then hate injustice, hate tyranny, hate greed - but hate these things in yourself, not in another.'

'Peace demands the most heroic labor and the most difficult sacrifice. It demands greater heroism than war. It demands greater fidelity to the truth and a much more perfect purity of conscience.'

### John O'Donohue

'Let there be an opening into the quiet that lies beneath the chaos, where you find the peace you did not think possible and see what shimmers within the storm.'

'I don't believe you have to get a peaceful heart, I think there is a native tranquillity within each of us that's already there. And through quieting your mind and your heart, you can slip right down into it.'

### Albert Schweitzer

'Until he extends the circle of his compassion to all living things, man will not himself find peace.'

### Eckhart Tolle

'You find peace not by rearranging the circumstances of your life, but by realizing who you are at the deepest level.'

### Mother Theresa

'A smile is the beginning of peace.'

'We do not need guns and bombs to bring peace, we need love and compassion.'

### Leo Tolstoy

'Blessed are the peacemakers; theirs is the kingdom of heaven.'

### Desmond Tutu

'If you want peace, you don't talk to your friends. You talk to your enemies.'

### Lao Tzu

'If you are depressed you are living in the past, if you are anxious you are living in the future, if you are at peace, you are living in the present.'

### Eli Wiesel

'Mankind must remember that mankind is not God's gift to his creatures; peace is our gift to each other.'

### Marianne Williamson

'The practice of forgiveness is our most important contribution to the healing of the world.'